

Los Angeles Wheelmen VP Report - October 22, 2024

Hello All:

I couldn't really come up with a good song for this week's theme, but Halloween is coming up and some of the cable channels are already showing horror movies every day. I thought maybe a Halloween themed video would be appropriate, so here is the Thriller video by Michael Jackson. It is an almost 14 minute version, which I don't remember seeing before. You might find that interesting.

<https://www.youtube.com/watch?v=sOnqjkJTMaA>

Sunday: We were riding "Alhambra & Bikeway" which started in Alhambra. We had 7 riders and **Phil Whitworth** took this shot at the start:



That's **Mark Rubin, Chris Hedberg, Bill Faulkner, Me, Dale Aaronson** and **Jacques Stern**. Since he wasn't in his own picture, here is a shot of Phil which Dale took out on the course: **Rafi Karpinski** was supposed to join us on the

route, but I didn't see him and he wasn't in any of the other photos, so maybe he didn't make it.



According to Dale, he and Phil rode the long route. Chris peeled off at the Rose Bowl and Mark left at lunch. I'm not sure what Jacques did, but I would guess he did the medium. Bill and I took it easy and only did the short. I had thought we would see everyone at lunch, but I guess we were so slow we didn't catch them. Here is a photo Dale took of some of us before we split apart. This is on the Rio Hondo riding through the Whittier Narrows area.



Here is another shot Dale took of the small lake near the northern end of the Rio Hondo. I like the mountains in the distance and the way you can see them reflected in the water. Nice shot.



This Week: On Sunday we will be making our annual trip up to Mount Wilson starting at the Rose Bowl. The long and the medium are fairly straight forward. The long goes all the way up to the top of Wilson for lunch and returns back down. The medium simply goes up as far as the Clear Creek Station and then returns. The short doesn't head up Angeles Crest at all, but makes a short tour of the Pasadena/La Canada area. I would surely love to go up to Wilson. It is amazing how good a simple hotdog at the Cosmic Cafe tastes after climbing 5000 feet. But I know I'm not ready for that kind of climbing. I had given some thought to just starting up Angeles Crest and going as far as I could before turning around and coasting back down, but the last time I did that, I think I only made it to the ranger station a few miles up. So now I'm thinking of just doing the short route. I've never done it and this would give me a chance to get a good reading of the elevation gain on that route. So, don't shy away from the ride because it sounds too tough. You can always ride with me.

Minutes of the Meeting: The minutes of the meeting held last Thursday are attached. We really didn't discuss all that much, but it was nice seeing **David Nakai's** family business.

New Ride: Speaking of David Nakai, he will be retiring at the end of the year and possibly moving away to his actual home in Fallbrook or maybe even further away. Before he leaves us, he has put together a farewell ride for the club which we will be riding on December 15th. It is called "David Does Donuts" and will start from the "Corner." The short is only 15 miles, the medium is 20 and the long is 50. All routes stop at several donut shops with the long stopping at a baker's dozen (13). I'll have more information as we get closer to the ride date but David hopes it will bring out many of his old friends in the club for a final ride together.

Patches of the Week: I looked through my own collection to see if there was an event I had missed. I don't remember ever putting any patches from the Death Valley Double in this e-mail, so here are two of mine.



DEATH VALLEY



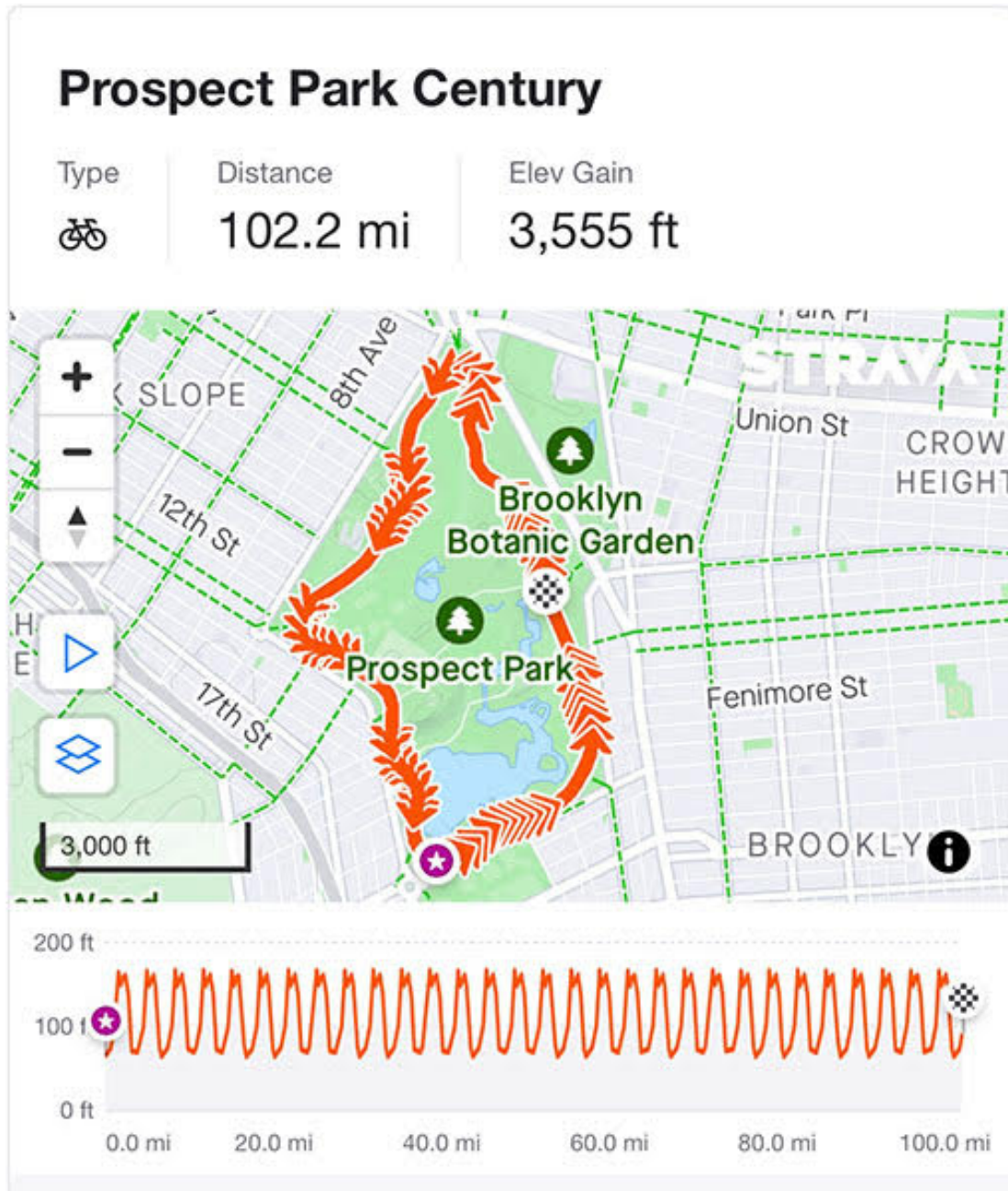
DOUBLE
1993

This was originally run by Wandervogel, but was later taken over by another organizer. I don't think the double is held any longer, but there is still a Death Valley Century, which was just run last week. It was a difficult double, but I have fond memories of it.

Parting Shot: Rose Bow Century East. Dennis Miller sent this to me a couple of weeks ago. We have our Rose Bowl Century -- 33 laps around the Rose Bowl -- but it turns out there is a similar ride in New York

Prospect Park Century

Location: Brooklyn, New York



Their ride is only 29 laps around Prospect Park in Brooklyn but judging by the profile at the bottom each lap includes just about the same amount of climbing as our Rose Bowl Century. Looks like their route might be a bit more scenic with that lake at the southern end of the loop. Also looks like they ride counterclockwise -- probably because they are on a bike only path and don't have to compete with auto traffic as we do at the Rose Bowl. Counterclockwise is the way most racing is done -- both horse and auto -- so maybe that makes sense. I once looked up why oval racing is done in that direction but I forget now what the answer was.

See You On The Road

Rod Doty, VP