

# SOUTH BAY RAMBLE

Long (Detour) - 55 Miles - 2800 Feet (mapping software)

PROTECTIVE HELMETS ARE TOTAL NEXT  
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 14 ft):  
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR ( <i>Pershing curves R</i> )	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY ( <i>formerly Sepulveda</i> )	5.6	1.1
R - VALLEY DR. ( <i>1st R after Rosecrans</i> )	6.7	0.6

L - PACIFIC AVE. ( <i>For a short way</i> )	7.3	0.0
L - MARINE AVE.	7.3	0.2
R - POINSETTIA AVE. ( <i>Hill</i> )	7.5	1.1
R - DUNCAN PL. ( <i>To end</i> )	8.6	0.1

L - ARDMORE AVE.	8.7	1.0
JOG R/L AT PIER AVE INTO VALLEY DR.	9.7	0.8
L - HERONDO ST	10.5	1.7

BCMS ANITA . . . THEN 190TH ST

Long & Medium Routes split here  
Medium continues straight at HERONDO

R - ANZA AVE.	12.2	0.7
L - DEL AMO BLVD.	12.9	1.3
R - MAPLE AVE	14.2	0.9
L - EL DORADO ST. ( <i>Walk across RR tracks</i> )	15.1	1.1

R - ARLINGTON AVE.	16.2	1.0
L - SANTA FE AVE.	17.2	0.2

(*Pit Stop at Torrance Park if Desired*)

R - CABRILLO AVE	17.4	2.6
BCMS ESHELMAN		
L - 263RD STREET	20.0	0.2

R - WESTERN AVE.	20.2	0.3
R - PALOS VERDES DR	20.5	2.9
L - CRENSHAW BLVD	23.4	1.2
R - SILVER SPUR RD	24.6	0.9

L - HAWTHORNE BLVD	25.5	4.5
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LUNCH at Golden Cove on Left at Palos Verdes Dr  
(Subway / Starbucks)

CONTINUED IN NEXT COLUMN

After Lunch . . .

GO NORTH ON PALOS VERDES DR	30.0	3.4
R - MONTE MAR	33.4	0.5
L - VIA DEL MONTE ( <i>into VIA CAMPESINA</i> )	33.9	2.4
L - PALOS VERDES DRIVE NORTH	36.3	1.3

JOG R/L AT VIA ALAMEDA INTO PALOS VERDES DR. N / VIA CAPAY	37.6	0.5
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L - VIA ANITA	38.1	0.1
R - PALOS VERDES BOULEVARD	38.2	1.6
L - PROSPECT AVE.	39.8	2.3

R - BERYL ST.	42.1	0.6
R - 190TH STREET	42.7	0.1
L - RINDGE LANE	42.8	1.0
L - ARTESIA BLVD	43.8	0.2

R - BLOSSOM LANE	44.0	0.9
L - WARFIELD AVE	44.9	0.2
R - AVIATION BLVD	45.1	4.6
L - ARBOR VITAE	49.7	3.6

BCMS WESTCHESTER PKWY

R - PERSHING DR	53.3	0.7
L - TO STAY ON PERSHING	54.0	0.1
L - CULVER BLVD	54.1	0.2

## ICE CREAM AT PLAYA PROVISIONS

Then continue on Culver Blvd

R - PACIFIC AVE	54.3	0.1
R - CONVOY ST	54.4	0.1
L - ESPLANADE ST	54.5	0.1
FINISH BACK AT PARK	54.6	

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Revised 7/21

Last Scheduled 08/04/24

**Next Week:  
Yo Ho Ho  
A Sailin' We Will Go**

# SOUTH BAY RAMBLE

Long (Detour) - 55 Miles - 2800 Feet (mapping software)

PROTECTIVE HELMETS ARE TOTAL NEXT  
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 14 ft):  
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST 0.0 0.1  
L - CULVER BLVD 0.1 0.1  
R - PERSHING DR (*Pershing curves R*) 0.2 2.5  
L - IMPERIAL HWY 2.7 0.7

R - MAIN ST. 3.4 1.1  
L - EL SEGUNDO BLVD. 4.5 1.1  
R - PACIFIC COAST HWY (*formerly Sepulveda*) 5.6 1.1  
R - VALLEY DR. (*1st R after Rosecrans*) 6.7 0.6

L - PACIFIC AVE. (*For a short way*) 7.3 0.0  
L - MARINE AVE. 7.3 0.2  
R - POINSETTIA AVE. (*Hill*) 7.5 1.1  
R - DUNCAN PL. (*To end*) 8.6 0.1

L - ARDMORE AVE. 8.7 1.0  
JOG R/L AT PIER AVE INTO VALLEY DR. 9.7 0.8  
L - HERONDO ST 10.5 1.7

BCMS ANITA . . . THEN 190TH ST

Long & Medium Routes split here  
Medium continues straight at HERONDO

R - ANZA AVE. 12.2 0.7  
L - DEL AMO BLVD. 12.9 1.3  
R - MAPLE AVE 14.2 0.9  
L - EL DORADO ST. (*Walk across RR tracks*) 15.1 1.1

R - ARLINGTON AVE. 16.2 1.0  
L - SANTA FE AVE. 17.2 0.2

(*Pit Stop at Torrance Park if Desired*)

R - CABRILLO AVE 17.4 2.6  
BCMS ESHELMAN  
L - 263RD STREET 20.0 0.2

R - WESTERN AVE. 20.2 0.3  
R - PALOS VERDES DR 20.5 2.9  
L - CRENSHAW BLVD 23.4 1.2  
R - SILVER SPUR RD 24.6 0.9

L - HAWTHORNE BLVD 25.5 4.5

LUNCH at Golden Cove on Left at Palos Verdes Dr  
(Subway / Starbucks)

CONTINUED IN NEXT COLUMN

After Lunch . . .

GO NORTH ON PALOS VERDES DR 30.0 3.4  
R - MONTE MAR 33.4 0.5  
L - VIA DEL MONTE (*into VIA CAMPESINA*) 33.9 2.4  
L - PALOS VERDES DRIVE NORTH 36.3 1.3

JOG R/L AT VIA ALAMEDA INTO PALOS VERDES DR. N / VIA CAPAY 37.6 0.5

L - VIA ANITA 38.1 0.1  
R - PALOS VERDES BOULEVARD 38.2 1.6  
L - PROSPECT AVE. 39.8 2.3

R - BERYL ST. 42.1 0.6  
R - 190TH STREET 42.7 0.1  
L - RINDGE LANE 42.8 1.0  
L - ARTESIA BLVD 43.8 0.2

R - BLOSSOM LANE 44.0 0.9  
L - WARFIELD AVE 44.9 0.2  
R - AVIATION BLVD 45.1 4.6  
L - ARBOR VITAE 49.7 3.6

BCMS WESTCHESTER PKWY

R - PERSHING DR 53.3 0.7  
L - TO STAY ON PERSHING 54.0 0.1  
L - CULVER BLVD 54.1 0.2

ICE CREAM AT PLAYA PROVISIONS

Then continue on Culver Blvd

R - PACIFIC AVE 54.3 0.1  
R - CONVOY ST 54.4 0.1  
L - ESPLANADE ST 54.5 0.1  
FINISH BACK AT PARK 54.6

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Revised 7/21

Last Scheduled 08/04/24

Next Week:  
Yo Ho Ho  
A Sailin' We Will Go

# SOUTH BAY RAMBLE

Medium - 44 Miles - 2000 feet (barometric)

PROTECTIVE HELMETS ARE TOTAL NEXT  
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 13 ft):  
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR ( <i>Pershing curves R</i> )	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY ( <i>formerly Sepulveda</i> )	5.6	1.1
R - VALLEY DR. ( <i>1st R after Rosecrans</i> )	6.7	0.6

L - PACIFIC AVE. ( <i>For a short way</i> )	7.3	0.0
L - MARINE AVE.	7.3	0.2
R - POINSETTIA AVE. ( <i>Sign hard to see</i> )	7.5	1.1
R - DUNCAN PL. ( <i>To end</i> )	8.6	0.1

L - ARDMORE AVE.	8.7	1.0
JOG R/L AT PIER AVE INTO VALLEY DR. ( <i>Becomes FRANCISCA</i> )	9.7	1.1

Medium & Long routes split here  
Long turns left at HERONDO

R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.5
CURVE L INTO CALLE MIRAMAR	13.4	0.3
R - CAMINO DE ENCANTO ( <i>Just before light</i> )	13.7	0.5

L - PASEO DE LA PLAYA ( <i>At T</i> )( <i>a short way</i> )	14.2	0.0
R - PALOS VERDES BOULEVARD ( <i>At T</i> ) ( <i>Curves R into Palos Verdes Dr West</i> )	14.2	2.2

R - At 2ND PASEO DEL MAR ( <i>Where Palos Verdes Drive becomes divided</i> ) ( <i>Becomes PASEO LUNADO</i> )	16.4	2.0
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R - VIA ANACAPA ( <i>For a short way</i> )	18.4	0.0
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R - PASEO LUNADO <i>BCMS PASEO DEL MAR</i>	18.4	0.8
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R - VIA ALVARADO ( <i>To End</i> )	19.2	0.1
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L - INTO ALLEYWAY	19.3	0.1
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R - VIA PACHECO ( <i>For a short way</i> )	19.4	0.0
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R - PALOS VERDES DRIVE WEST	19.4	1.4
R - INTO WHALE WATCH SITE	20.8	0.2

BREAK--WATER & RESTROOMS

CONTINUED IN NEXT COLUMN

RETURN TO PALOS VERDES DR	21.0	0.2
L - PALOS VERDES DR. ( <i>back the way you came</i> )	21.2	0.4

LUNCH at Golden Cove on R (Subway / Starbucks)

CONT. ON PALOS VERDES DR	21.6	4.9
L - PALOS VERDES BLVD. ( <i>Carefull!!</i> )	26.5	0.6
R - CALLE MAYOR	27.1	1.9
L - ANZA AVE.	29.0	2.9

L - 190TH AVE.	31.9	0.5
R - RINDGE LANE	32.4	1.0
L - ARTESIA BLVD	33.4	0.1
R - BLOSSOM LANE	33.5	0.9

L - WARFIELD AVE	34.4	0.2
R - AVIATION BLVD	34.6	4.6
L - ARBOR VITAE	39.2	3.6

<i>BCMS WESTCHESTER PKWY</i>		
R - PERSHING DR	42.8	0.7

L - TO STAY ON PERSHING	43.5	0.1
L - CULVER BLVD	43.6	0.2

ICE CREAM AT PLAYA PROVISIONS  
Then continue on Culver Blvd

R - PACIFIC AVE	43.8	0.1
R - CONVOY ST	43.9	0.1
L - ESPLANADE ST	44.0	0.1
FINISH BACK AT PARK	44.1	

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Revised 7218 Last Scheduled 08/04/24

Next Week:  
Yo Ho Ho  
A Sailin' We Will Go

# SOUTH BAY RAMBLE

Medium - 44 Miles - 2000 feet (barometric)

PROTECTIVE HELMETS ARE TOTAL NEXT  
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 13 ft):  
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST 0.0 0.1  
L - CULVER BLVD 0.1 0.1  
R - PERSHING DR (*Pershing curves R*) 0.2 2.5  
L - IMPERIAL HWY 2.7 0.7

R - MAIN ST. 3.4 1.1  
L - EL SEGUNDO BLVD. 4.5 1.1  
R - PACIFIC COAST HWY (*formerly Sepulveda*) 5.6 1.1  
R - VALLEY DR. (*1st R after Rosecrans*) 6.7 0.6

L - PACIFIC AVE. (*For a short way*) 7.3 0.0  
L - MARINE AVE. 7.3 0.2  
R - POINSETTIA AVE. (*Sign hard to see*) 7.5 1.1  
R - DUNCAN PL. (*To end*) 8.6 0.1

L - ARDMORE AVE. 8.7 1.0  
JOG R/L AT PIER AVE INTO VALLEY DR. 9.7 1.1  
(*Becomes FRANCISCA*)

Medium & Long routes split here  
Long turns left at HERONDO

R - CATALINA AVE. 10.8 1.1  
R - ESPLANADE 11.9 1.5  
CURVE L INTO CALLE MIRAMAR 13.4 0.3  
R - CAMINO DE ENCANTO (*Just before light*) 13.7 0.5

L - PASEO DE LA PLAYA (*At T*) (*a short way*) 14.2 0.0  
R - PALOS VERDES BOULEVARD (*At T*) 14.2 2.2  
(*Curves R into Palos Verdes Dr West*)

R - At 2ND PASEO DEL MAR 16.4 2.0  
(*Where Palos Verdes Drive becomes divided*)  
(*Becomes PASEO LUNADO*)

R - VIA ANACAPA (*For a short way*) 18.4 0.0

R - PASEO LUNADO 18.4 0.8  
*BCMS PASEO DEL MAR*

R - VIA ALVARADO (*To End*) 19.2 0.1

L - INTO ALLEYWAY 19.3 0.1

R - VIA PACHECO (*For a short way*) 19.4 0.0

R - PALOS VERDES DRIVE WEST 19.4 1.4

R - INTO WHALE WATCH SITE 20.8 0.2

BREAK--WATER & RESTROOMS

CONTINUED IN NEXT COLUMN

RETURN TO PALOS VERDES DR 21.0 0.2  
L - PALOS VERDES DR. (*back the way you came*) 21.2 0.4

LUNCH at Golden Cove on R (Subway / Starbucks)

CONT. ON PALOS VERDES DR 21.6 4.9  
L - PALOS VERDES BLVD. (*Carefull!!*) 26.5 0.6  
R - CALLE MAYOR 27.1 1.9  
L - ANZA AVE. 29.0 2.9

L - 190TH AVE. 31.9 0.5  
R - RINDGE LANE 32.4 1.0  
L - ARTESIA BLVD 33.4 0.1  
R - BLOSSOM LANE 33.5 0.9

L - WARFIELD AVE 34.4 0.2  
R - AVIATION BLVD 34.6 4.6  
L - ARBOR VITAE 39.2 3.6

*BCMS WESTCHESTER PKWY*  
R - PERSHING DR 42.8 0.7

L - TO STAY ON PERSHING 43.5 0.1  
L - CULVER BLVD 43.6 0.2

ICE CREAM AT PLAYA PROVISIONS  
Then continue on Culver Blvd

R - PACIFIC AVE 43.8 0.1  
R - CONVOY ST 43.9 0.1  
L - ESPLANADE ST 44.0 0.1  
FINISH BACK AT PARK 44.1

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Revised 7218 Last Scheduled 08/04/24

Next Week:  
Yo Ho Ho  
A Sailin' We Will Go

# SOUTH BAY RAMBLE

Short - 36 Miles - 1800 feet (mapping software)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL	NEXT
MILES	TURN

START LOCATION (Elev. 13 ft): Del rey Lagoon in Playa del Rey
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START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR ( <i>Pershing curves R</i> )	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY ( <i>formerly Sepulveda</i> )	5.6	1.1
R - VALLEY DR. ( <i>1st R after Rosecrans</i> ) ( <i>Becomes FRANCISCA</i> )	6.7	4.1

<i>Short &amp; Medium routes split here</i> <i>Medium turns left at PACIFIC AVE</i>
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R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.6
CURVE L INTO CALLE MIRAMAR.	13.5	0.3
R - CAMINO DE ENCANTO ( <i>Just before light</i> )	13.8	0.5

L - PASEO DE LA PLAYA ( <i>At T</i> )( <i>a short way</i> )	14.3	0.0
R - PALOS VERDES BOULEVARD	14.3	0.3
R - PALOS VERDES DRIVE WEST	14.6	0.2
L - VIA CORTA ( <i>Pause at Malaga Cove</i> )	14.8	0.1

L - VIA CAMPESINA	14.9	1.8
L - PALOS VERDES DRIVE NORTH	16.7	0.9
R - VIA COLUSA ( <i>go around barrier</i> )	17.6	0.3
L - CALLE MIRAMAR	17.9	0.5

R - CALLE MAYOR	18.4	1.3
L - ANZA AVE.	19.7	1.4

LUNCH at Carl's at Torrance Blvd
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CONTINUED IN NEXT COLUMN

WEST - ON TORRANCE BLVD.	21.1	0.9
R - PROSPECT AVE.	22.0	1.1
R - BERYL ST	23.1	0.6
R - 190 <sup>TH</sup> ST.)	23.7	0.1

L - RINDGE LANE	23.8	1.0
L - ARTESIA BLVD	24.8	0.2
R - BLOSSOM LANE	25.0	0.9
L - WARFIELD AVE	25.9	0.2

R - AVIATION BLVD	26.1	4.6
L - ARBOR VITAE	30.7	3.6

*BCMS WESTCHESTER PKWY*

R - PERSHING DR	34.3	0.7
L - TO STAY ON PERSHING	35.0	0.1

L - CULVER BLVD	35.1	0.2
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ICE CREAM AT PLAYA PROVISIONS Then continue on Culver Blvd
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R - PACIFIC AVE	35.3	0.1
R - CONVOY ST	35.4	0.1
L - ESPLANADE ST	35.5	0.1
FINISH BACK AT PARK	35.6	

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**Next Week:**  
**Yo Ho Ho**  
**A Sailin' We Will Go**

# SOUTH BAY RAMBLE

Short - 36 Miles - 1800 feet (mapping software)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL	NEXT
MILES	TURN

START LOCATION (Elev. 13 ft): Del rey Lagoon in Playa del Rey
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START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR ( <i>Pershing curves R</i> )	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY ( <i>formerly Sepulveda</i> )	5.6	1.1
R - VALLEY DR. ( <i>1st R after Rosecrans</i> ) ( <i>Becomes FRANCISCA</i> )	6.7	4.1

<i>Short &amp; Medium routes split here</i> <i>Medium turns left at PACIFIC AVE</i>
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R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.6
CURVE L INTO CALLE MIRAMAR.	13.5	0.3
R - CAMINO DE ENCANTO ( <i>Just before light</i> )	13.8	0.5

L - PASEO DE LA PLAYA ( <i>At T</i> )( <i>a short way</i> )	14.3	0.0
R - PALOS VERDES BOULEVARD	14.3	0.3
R - PALOS VERDES DRIVE WEST	14.6	0.2
L - VIA CORTA ( <i>Pause at Malaga Cove</i> )	14.8	0.1

L - VIA CAMPESINA	14.9	1.8
L - PALOS VERDES DRIVE NORTH	16.7	0.9
R - VIA COLUSA ( <i>go around barrier</i> )	17.6	0.3
L - CALLE MIRAMAR	17.9	0.5

R - CALLE MAYOR	18.4	1.3
L - ANZA AVE.	19.7	1.4

LUNCH at Carl's at Torrance Blvd
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CONTINUED IN NEXT COLUMN

WEST - ON TORRANCE BLVD.	21.1	0.9
R - PROSPECT AVE.	22.0	1.1
R - BERYL ST	23.1	0.6
R - 190 <sup>TH</sup> ST.)	23.7	0.1

L - RINDGE LANE	23.8	1.0
L - ARTESIA BLVD	24.8	0.2
R - BLOSSOM LANE	25.0	0.9
L - WARFIELD AVE	25.9	0.2

R - AVIATION BLVD	26.1	4.6
L - ARBOR VITAE	30.7	3.6

*BCMS WESTCHESTER PKWY*

R - PERSHING DR	34.3	0.7
L - TO STAY ON PERSHING	35.0	0.1

L - CULVER BLVD	35.1	0.2
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ICE CREAM AT PLAYA PROVISIONS Then continue on Culver Blvd
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R - PACIFIC AVE	35.3	0.1
R - CONVOY ST	35.4	0.1
L - ESPLANADE ST	35.5	0.1
FINISH BACK AT PARK	35.6	

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