Long - 53 Miles / 800 Feet (barometric)		
PROTECTIVE HELMETS ARE	TOTAL	NEXT
REQUIRED ON ALL WHEELMEN RIDES	MILES	TURN

START LOCATION (Elev. 18 ft): EI Dorado PK (Studebaker near Spring) in Long BeachSTART NORTH ON STUDEBAKER0.00.1R - SPRING ST.0.10.8R - AT PARK ENTRANCE & IMMEDIATE RIGHT BACK TOWARDS RIVER0.90.3R - (NORTH) ON RIVER BIKE TRAIL1.215.2EXIT TRAIL AT SAN GABRIEL RIVER PKWY (It's where path makes a U-turn after crossing under bridge and appears to end)16.40.0R - TO CROSS BRIDGE16.40.1R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North)16.51.0(Continue past golf course - up and over Dam and down other side)17.50.7EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.720.5L - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL BCMS SAN GABRIEL BLVD18.721.5L - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL BCMS SAN GABRIEL BLVD18.721.5L - INTO LONG BEACH BIKE PATH South Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.20.6L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully.It goes Right twice to GO past Catalina Cruise dock40.80.3C - ON PATH BY TRAFFIC CIRCLE FORW path carefully.40.80.30.3R - SHORELINE DR FORW path Carefully.41.05.50.2EARLY LUNCH in BEImont Shores to Left on 2nd Street Then return to Bayshore Ave & 2nd45.71.1GO SOUTH ON 2ND STREET Then return to Baysho			
R - SPRING ST. 0.1 0.8 R - AT PARK ENTRANCE & IMMEDIATE RIGHT BACK TOWARDS RIVER 0.9 0.3 R - (NORTH) ON RIVER BIKE TRAIL 1.2 15.2 EXIT TRAIL AT SAN GABRIEL RIVER PKWY (It's where path makes a U-turn after crossing under bridge and appears to end) 16.4 0.0 R - TO CROSS BRIDGE 16.4 0.1 R - TO CROSS BRIDGE 16.4 0.1 R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North) 16.5 1.0 (Continue past golf course - up and over Dam and down other side) 17.5 0.7 EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD 18.7 0.0 IMMEDIATE L INTO BIKE TRAIL 18.7 0.0 IS	START LOCATION (Elev. 18 ft): El Dorado Pk (Studebaker near Spring) in Long E	Beach	
RIGHT BACK TOWARDS RIVER R - (NORTH) ON RIVER BIKE TRAIL0.90.3R - (NORTH) ON RIVER BIKE TRAIL1.215.2EXIT TRAIL AT SAN GABRIEL RIVER PKWY (It's where path makes a U-turn after crossing under bridge and appears to end)16.40.0R - TO CROSS BRIDGE r TO CROSS BRIDGE16.40.1R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North) (Continue past golf course - up and over Dam and down other side)16.51.0L - AT INTERSECTION OF 2 BIKE PATHS17.50.7EXIT L (ahead into) DURFEE AVE BC/MS SAN GABRIEL BLVD18.70.0L - LINCOLN AVE (Just past River) BIRT L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)18.721.5L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to GO past Catalina Cruise dock40.80.3R - SHORELINE VILLAGE DR BEAR R - INTO BIKE PATH SOUTH PATH GOES RIGHT AT PIER45.40.1AHEAD INTO 54TH PL (At Path End) THEN TRAFFIC CIRCLE AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE COS SUCH ON 2ND STREET 	R - SPRING ST.		
(It's where path makes a U-turn after crossing under bridge and appears to end)R - TO CROSS BRIDGE16.4R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North)16.5I. O RE-ENTER BIKE TRAIL (On other side of RiverContinue North)16.5(Continue past golf course - up and over Dam and down other side)16.5L - AT INTERSECTION OF 2 BIKE PATHS17.5EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.2L - LINCOLN AVE (Just past River)18.7IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to GO past Catalina Cruise dockL - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM R - SHORELINE VILLAGE DR A - SHORELINE DR R - SHORELINE VILLAGE DR ATH GOES RIGHT AT PIERAHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.4AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.7AHEAD INTO SUD STREET Then return to Bayshore Ave & 2ndGO SOUTH ON 2ND STREET Then return to Bayshore Ave & 2ndGO SOUTH ON 2ND STREET LATER LUNCH at 5 Guys on left	RIGHT BACK TOWARDS RIVER		
crossing under bridge and appears to end)R - TO CROSS BRIDGE16.4R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North)16.510(Continue past golf course - up and over Dam and down other side)L - AT INTERSECTION OF 2 BIKE PATHS17.5L - AT INTERSECTION OF 2 BIKE PATHS17.5EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.2L - LINCOLN AVE (Just past River)18.7IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.2L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to GO past Catalina Cruise dock40.80.3C - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM41.10.5R - SHORELINE VILLAGE DR PATH GOES RIGHT AT PIER41.60.1L - BACK ONTO BIKE PATH SOUTH PATH GOES RIGHT AT PIER45.40.1BEAR R - INTO BAY SHORE AVE Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left46.80.4		16.4	0.0
side of RiverContinue North) (Continue past golf course - up and over Dam and down other side)16.51.0L - AT INTERSECTION OF 2 BIKE PATHS17.50.7EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.20.5L - LINCOLN AVE (Just past River) IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)18.721.5L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to GO past Catalina Cruise dock40.20.6L - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM40.80.3R - SHORELINE DR S - SHORELINE VILLAGE DR AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.40.1BEAR R - INTO BAY SHORE AVE Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left45.80.4	crossing under bridge and appears to end) R - TO CROSS BRIDGE	16.4	0.1
L - AT INTERSECTION OF 2 BIKE PATHS17.50.7EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.20.5L - LINCOLN AVE (Just past River) IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow 	side of RiverContinue North) (Continue past golf course - up and	16.5	1.0
BCMS SAN GABRIEL BLVDL - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL18.721.5(Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.20.6L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to 	L - AT INTERSECTION OF 2 BIKE PATHS	17.5	0.7
L - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL18.721.5(Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.20.6L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to Go past Catalina Cruise dock40.80.3L - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM R - SHORELINE DR40.80.3R - SHORELINE DR PATH GOES RIGHT AT PIER41.10.5AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.40.1AHEAD INTO 54TH PL (At Path End) Then return to Bayshore Ave & 2nd45.71.1GO SOUTH ON 2ND STREET Then return to Bayshore Ave & 2nd45.71.1CO SOUTH ON 2ND STREET TRET LUNCH at 5 Guys on left46.80.4		18.2	0.5
River Continue to end in Long Beach)L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to Go past Catalina Cruise dock40.20.6L - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM40.80.3R - SHORELINE DR R - SHORELINE VILLAGE DR L - BACK ONTO BIKE PATH SOUTH PATH GOES RIGHT AT PIER41.10.5AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.40.1BEAR R - INTO BAY SHORE AVE Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on leftLATER LUNCH at 5 Guys on left40.8	L - LINCOLN AVE (Just past River) IMMEDIATE L INTO BIKE TRAIL		
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R - SHORELINE DR41.10.5R - SHORELINE VILLAGE DR41.60.1L - BACK ONTO BIKE PATH SOUTH41.73.7PATH GOES RIGHT AT PIER41.73.7AHEAD INTO 54TH PL (At Path End)45.40.1BEAR R - INTO BAY SHORE AVE45.50.2EARLY LUNCH in Belmont Shores to Left on 2nd Street Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left45.91.1		40.8	0.3
BEAR R - INTO BAY SHORE AVE45.50.2EARLY LUNCH in Belmont Shores to Left on 2nd Street Then return to Bayshore Ave & 2nd2ndGO SOUTH ON 2ND STREET R - MARINA DR. (After 2nd Bridge)45.71.1Action 1.146.80.4LATER LUNCH at 5 Guys on left	R - SHORELINE DR R - SHORELINE VILLAGE DR L - BACK ONTO BIKE PATH SOUTH	41.6	0.1
Then return to Bayshore Ave & 2ndGO SOUTH ON 2ND STREET45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left	AHEAD INTO 54TH PL <i>(At Path End)</i> BEAR R - INTO BAY SHORE AVE		
R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left	EARLY LUNCH in Belmont Shores to Left on 2	nd Str	eet

CONT. MARINA DR 47.2 0.6 GOES R AND THEN LEFT TO CROSS RIVER L - INTO RIVER BIKE TRAIL 47.8 3.8 L - TO CROSS BRIDGE AT Y IN RIVER 51.6 0.1 0.7 CONTINUE NORTH ON RIVER 51.7 **U - TURN UP TO WILLOW EXIT** After crossing Under Willow 52.4 0.0 R (WEST) ON WILLOW 52.4 0.5 **R** - STUDEBAKER RD 52.9 0.4 **BACK TO START** 53.3 See Us on the Web at LAWheelmen.org Problems with this route? E-mail routes@lawheelmen.org Revised 10/97 Last Scheduled 10/01/17

Next Week: Will We Meet Laura Palmer?

CONTINUED IN NEXT COLUMN

Long - 53 Miles / 800 Feet (barometric)		
PROTECTIVE HELMETS ARE	TOTAL	NEXT
REQUIRED ON ALL WHEELMEN RIDES	MILES	TURN

START LOCATION (Elev. 18 ft): EI Dorado PK (Studebaker near Spring) in Long BeachSTART NORTH ON STUDEBAKER0.00.1R - SPRING ST.0.10.8R - AT PARK ENTRANCE & IMMEDIATE RIGHT BACK TOWARDS RIVER0.90.3R - (NORTH) ON RIVER BIKE TRAIL1.215.2EXIT TRAIL AT SAN GABRIEL RIVER PKWY (It's where path makes a U-turn after crossing under bridge and appears to end)16.40.0R - TO CROSS BRIDGE16.40.1R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North)16.51.0(Continue past golf course - up and over Dam and down other side)17.50.7EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.720.5L - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL BCMS SAN GABRIEL BLVD18.721.5L - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL BCMS SAN GABRIEL BLVD18.721.5L - INTO LONG BEACH BIKE PATH South Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.20.6L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully.It goes Right twice to GO past Catalina Cruise dock40.80.3C - ON PATH BY TRAFFIC CIRCLE FORW path carefully.40.80.30.3R - SHORELINE DR FORW path Carefully.41.05.50.2EARLY LUNCH in BEImont Shores to Left on 2nd Street Then return to Bayshore Ave & 2nd45.71.1GO SOUTH ON 2ND STREET Then return to Baysho			
R - SPRING ST. 0.1 0.8 R - AT PARK ENTRANCE & IMMEDIATE RIGHT BACK TOWARDS RIVER 0.9 0.3 R - (NORTH) ON RIVER BIKE TRAIL 1.2 15.2 EXIT TRAIL AT SAN GABRIEL RIVER PKWY (It's where path makes a U-turn after crossing under bridge and appears to end) 16.4 0.0 R - TO CROSS BRIDGE 16.4 0.1 R - TO CROSS BRIDGE 16.4 0.1 R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North) 16.5 1.0 (Continue past golf course - up and over Dam and down other side) 17.5 0.7 EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD 18.7 0.0 IMMEDIATE L INTO BIKE TRAIL 18.7 0.0 IS	START LOCATION (Elev. 18 ft): El Dorado Pk (Studebaker near Spring) in Long E	Beach	
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crossing under bridge and appears to end)R - TO CROSS BRIDGE16.4R - TO RE-ENTER BIKE TRAIL (On other side of RiverContinue North)16.510(Continue past golf course - up and over Dam and down other side)L - AT INTERSECTION OF 2 BIKE PATHS17.5L - AT INTERSECTION OF 2 BIKE PATHS17.5EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.2L - LINCOLN AVE (Just past River)18.7IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.2L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to GO past Catalina Cruise dock40.80.3C - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM41.10.5R - SHORELINE VILLAGE DR PATH GOES RIGHT AT PIER41.60.1L - BACK ONTO BIKE PATH SOUTH PATH GOES RIGHT AT PIER45.40.1BEAR R - INTO BAY SHORE AVE Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left46.80.4		16.4	0.0
side of RiverContinue North) (Continue past golf course - up and over Dam and down other side)16.51.0L - AT INTERSECTION OF 2 BIKE PATHS17.50.7EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.20.5L - LINCOLN AVE (Just past River) IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)18.721.5L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to GO past Catalina Cruise dock40.20.6L - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM40.80.3R - SHORELINE DR S - SHORELINE VILLAGE DR AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.40.1BEAR R - INTO BAY SHORE AVE Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left45.80.4	crossing under bridge and appears to end) R - TO CROSS BRIDGE	16.4	0.1
L - AT INTERSECTION OF 2 BIKE PATHS17.50.7EXIT L (ahead into) DURFEE AVE BCMS SAN GABRIEL BLVD18.20.5L - LINCOLN AVE (Just past River) IMMEDIATE L INTO BIKE TRAIL (Bike trail picks up Rio Hondo River follow 	side of RiverContinue North) (Continue past golf course - up and	16.5	1.0
BCMS SAN GABRIEL BLVDL - LINCOLN AVE (Just past River)18.70.0IMMEDIATE L INTO BIKE TRAIL18.721.5(Bike trail picks up Rio Hondo River follow South. Rio Hondo merges with Los Angeles River Continue to end in Long Beach)40.20.6L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to 	L - AT INTERSECTION OF 2 BIKE PATHS	17.5	0.7
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River Continue to end in Long Beach)L - INTO LONG BEACH BIKE PATH SOUTH Follow path carefully. It goes Right twice to Go past Catalina Cruise dock40.20.6L - ON PATH BY TRAFFIC CIRCLE GOES PAST BACK SIDE OF AQUARIUM40.80.3R - SHORELINE DR R - SHORELINE VILLAGE DR L - BACK ONTO BIKE PATH SOUTH PATH GOES RIGHT AT PIER41.10.5AHEAD INTO 54TH PL (At Path End) BEAR R - INTO BAY SHORE AVE45.40.1BEAR R - INTO BAY SHORE AVE Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on leftLATER LUNCH at 5 Guys on left40.8	L - LINCOLN AVE <i>(Just past River)</i> IMMEDIATE L INTO BIKE TRAIL		
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R - SHORELINE DR41.10.5R - SHORELINE VILLAGE DR41.60.1L - BACK ONTO BIKE PATH SOUTH41.73.7PATH GOES RIGHT AT PIER41.73.7AHEAD INTO 54TH PL (At Path End)45.40.1BEAR R - INTO BAY SHORE AVE45.50.2EARLY LUNCH in Belmont Shores to Left on 2nd Street Then return to Bayshore Ave & 2nd45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left45.91.1		40.8	0.3
BEAR R - INTO BAY SHORE AVE45.50.2EARLY LUNCH in Belmont Shores to Left on 2nd Street Then return to Bayshore Ave & 2nd2ndGO SOUTH ON 2ND STREET R - MARINA DR. (After 2nd Bridge)45.71.1Action 1.146.80.4LATER LUNCH at 5 Guys on left	R - SHORELINE DR R - SHORELINE VILLAGE DR L - BACK ONTO BIKE PATH SOUTH	41.6	0.1
Then return to Bayshore Ave & 2ndGO SOUTH ON 2ND STREET45.71.1R - MARINA DR. (After 2nd Bridge)46.80.4LATER LUNCH at 5 Guys on left	AHEAD INTO 54TH PL <i>(At Path End)</i> BEAR R - INTO BAY SHORE AVE		
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CONT. MARINA DR 47.2 0.6 GOES R AND THEN LEFT TO CROSS RIVER L - INTO RIVER BIKE TRAIL 47.8 3.8 L - TO CROSS BRIDGE AT Y IN RIVER 51.6 0.1 0.7 CONTINUE NORTH ON RIVER 51.7 **U - TURN UP TO WILLOW EXIT** After crossing Under Willow 52.4 0.0 R (WEST) ON WILLOW 52.4 0.5 **R** - STUDEBAKER RD 52.9 0.4 **BACK TO START** 53.3 See Us on the Web at LAWheelmen.org Problems with this route? E-mail routes@lawheelmen.org Revised 10/97 Last Scheduled 10/01/17

Next Week: Will We Meet Laura Palmer?

CONTINUED IN NEXT COLUMN

Medium - 39 Miles - 500 feet (mapping softwa	are)	
PROTECTIVE HELMETS ARE	TOTAL	NEXT
REQUIRED ON ALL WHEELMEN RIDES	MILES	TURN

STADT LOCATION (Flow 10 ft).		
START LOCATION (Elev. 18 ft): El Dorado Pk (Studebaker near Spring) in Long	Beach	
START NORTH ON STUDEBAKER RD. R - SPRING ST. BCMS CERRITOS AVE	0.0 0.1	0.1 5.1
R - KNOTT ST. R - CHAPMAN AVE.	5.2 6.7	1.5 1.3
L - ST. MARK ST. <i>(At T)</i> R - BELGRAVE AVE. <i>(At T)</i> L - BLACKMER ST. R - LAMPSON AVE.	8.0 8.2 8.3 8.5	0.2 0.1 0.2 2.4
L - SEAL BEACH BLVD. (At T)	10.9	3.4
(Crosses Westminster) INTO OCEAN AVE. (At Electric Ave) R - 1ST STREET (At T) L - MARINA DR. (follow around dock area)	14.3 15.3 15.4	1.0 0.1 1.2
L - 2ND STREET (go over bridge) R - FIRST OFF RAMP AFTER BRIDGE L - APPIAN WAY (At T - at bottom of ramp) L - BAYSHORE AVE. (Go L at Y to beach)	16.6 16.9 17.0 17.3	0.3 0.1 0.3 0.7
BEAR L INTO 54TH PLACE INTO BIKE PATH NORTH Pass Belmont Pier	18.0 18.2	0.2 3.7
R - SHORELINE VILLAGE DR L - SHORELINE DR	21.9 22.0	0.1 0.3
L - AQUARIUM WAY	22.3	0.2
<i>GO THRU TRAFFIC CIRCLE</i> L - GOLDEN SHORE R - ONTO BIKE PATH AT END OF STREET R - (NORTH) ON LA RIVER BIKE PATH	22.5 22.7 23.3	0.2 0.6 5.6
EXIT JUST BEFORE DEL AMO BLVD. Follow path to Oregon ave	28.9	0.2
JOG L/R ONTO DEL AMO BLVD (at Oregon)	29.1	2.4
LUNCH at Carl's on Right After lunch Continue on Del Amo Bl	vd.	
CONT. DEL AMO BLVD R - (South) SAN GABRIEL RIVER PATH	31.5	3.5
(On far side of river) EXIT AT WILLOW STGO RIGHT (Willow is opposite Golf Course)	35.0 38.0	3.0 0.5
R - STUDEBAKER RD.	38.5	0.4
BACK TO START AT PARK	38.9	
See Us on the Web at LAWheelmen.org Problems with this route? E-mail routes@lawheelr	nen.org	

Revised 10/97 Last Scheduled 10/01/17

Next Week: Will We Meet Laura Palmer?

LONG BEACH BIKE PATH

Medium - 39 Miles - 500 feet (mapping software) PROTECTIVE HELMETS ARE TOTAL NEXT REQUIRED ON ALL WHEELMEN RIDES MILES TURN

	MILLS	TOKIN
START LOCATION (Elev. 18 ft): El Dorado Pk (Studebaker near Spring) in Long	Beach	
START NORTH ON STUDEBAKER RD. R - SPRING ST. BCMS CERRITOS AVE	0.0 0.1	0.1 5.1
R - KNOTT ST. R - CHAPMAN AVE.	5.2 6.7	1.5 1.3
L - ST. MARK ST. <i>(At T)</i> R - BELGRAVE AVE. <i>(At T)</i> L - BLACKMER ST. R - LAMPSON AVE.	8.0 8.2 8.3 8.5	0.2 0.1 0.2 2.4
L - SEAL BEACH BLVD. (At T)	10.9	3.4
(Crosses Westminster) INTO OCEAN AVE. (At Electric Ave) R - 1ST STREET (At T) L - MARINA DR. (follow around dock area)	14.3 15.3 15.4	1.0 0.1 1.2
L - 2ND STREET (go over bridge) R - FIRST OFF RÄMP AFTER BRIDGE L - APPIAN WAY (At T - at bottom of ramp) L - BAYSHORE AVE. (Go L at Y to beach)	16.6 16.9 17.0 17.3	0.3 0.1 0.3 0.7
BEAR L INTO 54TH PLACE INTO BIKE PATH NORTH Pass Belmont Pier	18.0 18.2	0.2 3.7
R - SHORELINE VILLAGE DR L - SHORELINE DR	21.9 22.0	0.1 0.3
L - AQUARIUM WAY GO THRU TRAFFIC CIRCLE	22.3	0.2
L - GOLDEN SHORE R - ONTO BIKE PATH AT END OF STREET R - (NORTH) ON LA RIVER BIKE PATH	22.5 22.7 23.3	0.2 0.6 5.6
EXIT JUST BEFORE DEL AMO BLVD. Follow path to Oregon ave	28.9	0.2
JOG L/R ONTO DEL AMO BLVD (at Oregon)	29.1	2.4
LUNCH at Carl's on Right After lunch Continue on Del Amo Bl	vd.	
CONT. DEL AMO BLVD R - (South) SAN GABRIEL RIVER PATH	31.5	3.5
(On far side of river) EXIT AT WILLOW STGO RIGHT	35.0 38.0	3.0 0.5
(Willow is opposite Golf Course) R - STUDEBAKER RD.	38.5	0.4
BACK TO START AT PARK	38.9	
See Us on the Web at LAWheelmen.org Problems with this route? E-mail routes@lawheel	men.org	
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Next Week: Will We Meet Laura Palmer?

Short - 29 Miles - 400 Feet (mapping softwar	e)	
PROTECTIVE HELMETS ARE	TOTAL	NEXT
REQUIRED ON ALL WHEELMEN RIDES	MILES	TURN

Beach	
0.0 0.1	0.1 0.8
0.9 1.2	0.3 4.9
6.1	1.1
7.2 7.5 7.6	0.3 0.1 0.3
7.9 8.6 8.8	0.7 0.2 3.7
12.5	0.1
12.6 12.9	0.3 0.2
13.1 13.3	0.2 0.6
13.9 19.5	5.6 0.2
19.7	2.4
vd.	
22.1	3.5
25.6 28.6	3.0 0.5
29.1	0.4
29.5	
men.org	
	0.1 0.9 1.2 6.1 7.2 7.5 7.6 7.9 8.6 8.8 12.5 12.6 12.9 13.1 13.3 13.9 19.5 19.7 vd. 22.1 25.6 28.6 29.1

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Next Week: Will We Meet Laura Palmer?

LONG BEACH BIKE PATH

Short - 29 Miles - 400 Feet (mapping software) PROTECTIVE HELMETS ARE TOTAL NEXT REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 18 ft): El Dorado Pk (Studebaker near Spring) in Long	Beach	
START NORTH ON STUDEBAKER RD. R - SPRING ST. R - AT PARK ENTRANCE & IMMEDIATE	0.0 0.1	0.1 0.8
RIGHT BACK TOWARDS RIVER L - (SOUTH) ON RIVER BIKE TRAIL	0.9 1.2	0.3 4.9
R - MARINA DR. (At end of River Trail) (Follow Marina around Dock area)	6.1	1.1
L - 2ND STREET (go over bridge) R - FIRST OFF RÄMP AFTER BRIDGE L - APPIAN WAY (At T - at bottom of ramp)	7.2 7.5 7.6	0.3 0.1 0.3
L - BAYSHORE AVE. (Go L at Y to beach) BEAR L INTO 54TH PLACE INTO BIKE PATH NORTH Pass Belmont Pier	7.9 8.6 8.8	0.7 0.2 3.7
R - SHORELINE VILLAGE DR	12.5	0.1
L - SHORELINE DR L - AQUARIUM WAY GO THRU TRAFFIC CIRCLE	12.6 12.9	0.3 0.2
L - GOLDEN SHORE R - ONTO BIKE PATH AT END OF STREET Follow path carefully to LA River	13.1 13.3	0.2 0.6
R - (NORTH) ON LA RIVER BIKE PATH EXIT JUST BEFORE DEL AMO BLVD. Follow path to Oregon ave	13.9 19.5	5.6 0.2
JOG L/R ONTO DEL AMO BLVD (at Oregon)	19.7	2.4
LUNCH at Carl's on Right After lunch Continue on Del Amo Bl	vd.	
CONT. DEL AMO BLVD R - (South) SAN GABRIEL RIVER PATH	22.1	3.5
(On far side of river) EXIT R ON WILLOW ST	25.6 28.6	3.0 0.5
(Willow is opposite Golf Course) R - STUDEBAKER RD.	28.0 29.1	0.5 0.4
BACK TO START AT PARK	29.5	
See Us on the Web at LAWheelmen.org Problems with this route? E-mail routes@lawheelr	men.org	

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Next Week: Will We Meet Laura Palmer?